Rehabilitation Services and Counseling
University of Texas Rio Grande Valley
1201 West University Drive
Edinburg, Texas 78539-2999
(956) 665-7036
Assessment Methods: exams, quizzes, reflection paper, instructor debriefing after student led process group, instructor debriefing after student led psychoeducational discussion topic, instructor evaluation of group leadership skills, and student self-evaluation of group leadership skills

3. To express understanding of the therapeutic factors and how they contribute to group effectiveness. (CACREP 2.F.6.c.)
   Teaching Methods: lecture, reading assignments, class discussion, community group observation, student led group sessions, student participant in small group activities, and simulation activities
   Assessment Methods: exams, quizzes, reflection paper, instructor debriefing after student led process group, instructor debriefing after student led psychoeducational discussion topic, instructor evaluation of group leadership skills, and student self-evaluation of group leadership skills

4. Identify group leadership or facilitation styles and approaches, including characteristics and functions of an effective group leader (CACREP 2.F.6.d.)
   Teaching Methods: lecture, reading assignments, class discussion, community group observation, student led group sessions, and simulation activities
   Assessment Methods: exams, quizzes, reflection paper, instructor debriefing after student led process group, instructor debriefing after student led psychoeducational discussion topic, instructor evaluation of group leadership skills, and student self-evaluation of group leadership skills

5. To demonstrate knowledge about approaches to group formation, including recruiting, screening, and selecting members. (CACREP 2.F.6.e.)
   Teaching Methods: lecture, reading assignments, class discussion, community group observation, and simulation activities
   Assessment Methods: exams, quizzes, and reflection paper

6. To demonstrate knowledge of various types of groups and demonstrate knowledge of other considerations that affect conducting groups in varied settings. (CACREP 2.F.6.f.)
   Teaching Methods: lecture, reading assignments, class discussion, community group observation, and simulation activities
   Assessment Methods: exams, quizzes, and reflection paper

7. To demonstrate consideration of ethical and culturally relevant strategies for designing and facilitating groups. (CACREP 2.F.6.g.).
   Teaching Methods: lecture, reading assignments, class discussion, group supervision, simulation activities, student led group sessions, student participant in small group activities
   Assessment Methods: exams, quizzes, instructor evaluation of group leadership skills, and student self-evaluation of group leadership skills

8. To engage in direct experiences in which students participate as group members in a small group activity, approved by the program, for a minimum of 10 clock hours over the course of one academic term. (CACREP 2.F.6.h.)
   Teaching Methods: group supervision, student led group session, student participant in small group activities
   Assessment Methods: instructor debriefing after student led process group, instructor debriefing after student led psychoeducational discussion topic, instructor evaluation of group leadership skills, and student self-evaluation of group leadership skills
9. To demonstrate consideration of legal and ethical considerations specific to clinical rehabilitation counseling. (CACREP 5.D.2.w)

**Teaching Methods:** lecture, reading assignments, class discussion, group supervision, simulation activities, student led group sessions, student participant in small group activities

**Assessment Methods:** exams, quizzes, instructor evaluation of group leadership skills, and student self-evaluation of group leadership skills

**UTRGV Policy Statements**

**STUDENTS WITH DISABILITIES:**
If you have a documented disability (physical, psychological, learning, or other disability which affects your academic performance) and would like to receive academic accommodations, please inform your instructor and contact Student Accessibility Services to schedule an appointment to initiate services. It is recommended that you schedule an appointment with Student Accessibility Services before classes start. However, accommodations can be provided at any time.

**Brownsville Campus:** Student Accessibility Services is located in Cortez Hall Room 129 and can be contacted by phone at (956) 882-7374 (Voice) or via email at accessibility@utrgv.edu.

**Edinburg Campus:** Student Accessibility Services is located in 108 University Center and can be contacted by phone at (956) 665-7005 (Voice), (956) 665-3840 (Fax), or via email at accessibility@utrgv.edu.

**MANDATORY COURSE EVALUATION PERIOD:**
Students are required to complete an ONLINE evaluation of this course, accessed through your UTRGV account (http://my.utrgv.edu); you will be contacted through email with further instructions. Students who complete their evaluations will have priority access to their grades.

Online evaluations TBA.

**UTRGV Calendar of Activities**
The UTRGV academic calendar can be found at http://my.utrgv.edu at the bottom of the screen, prior to login. Some important dates for Fall 2018 include:

**Fall 2018 Term (August 27 – December 13)**

<table>
<thead>
<tr>
<th>Date</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 27 (Mon.)</td>
<td>Fall classes begin</td>
</tr>
<tr>
<td>Sept. 3 (Mon.)</td>
<td>Labor Day Holiday. No classes.</td>
</tr>
<tr>
<td>Sept. 12 (Wed.)</td>
<td>Census Day <em>(last day to drop without it appearing on the transcript)</em></td>
</tr>
<tr>
<td>Nov. 14 (Wed.)</td>
<td>Last day to drop <em>(DR grade)</em> a class or withdraw <em>(grade of W)</em></td>
</tr>
<tr>
<td>Nov. 22 – Nov. 24 (Thurs. – Sat.)</td>
<td>Thanksgiving Holiday. No classes</td>
</tr>
<tr>
<td>Dec. 6 (Thurs.)</td>
<td>Study Day. No classes.</td>
</tr>
<tr>
<td>Dec. 7 – Dec. 13 (Fri. – Thurs.)</td>
<td>Final Exams</td>
</tr>
<tr>
<td>Dec. 17 (Mon.)</td>
<td>Grades Due at 3 p.m.</td>
</tr>
</tbody>
</table>

**ATTENDANCE:**

*Attendance records will be maintained by the instructor.* Students are expected to attend all scheduled classes and may be dropped from the course for excessive absences. UTRGV’s attendance policy excuses students from attending class if they are participating in officially sponsored university activities, such as athletics; for observance of religious holy days; or for military service. Students should contact the instructor in advance of the excused absence and arrange to make up missed work or examinations.
**Attendance-Related Special Policies**
- Students who repeatedly leave class early will be asked to drop the course.
- Students are expected to stay for the entire class period. Leaving class early interrupts the learning processes of fellow students and should be reserved for unusual circumstances.
- Students are expected to arrive to class on time and return from breaks on time. Late arrivals interrupt the learning processes of fellow students. Students who are repeatedly tardy to class will be asked to drop the course.
- If one or more class sessions are missed leading to a scheduled quiz or exam, the student will not be permitted two (2) attempts to take the quiz and exam. Rather, the student will have one (1) attempt to take the quiz and exam.

**SCHOLASTIC INTEGRITY:**
As members of a community dedicated to Honesty, Integrity and Respect, students are reminded that those who engage in scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and expulsion from the University. Scholastic dishonesty includes but is not limited to: cheating, plagiarism, and collusion; submission for credit of any work or materials that are attributable in whole or in part to another person; taking an examination for another person; any act designed to give unfair advantage to a student; or the attempt to commit such acts. Since scholastic dishonesty harms the individual, all students and the integrity of the University, policies on scholastic dishonesty will be strictly enforced (Board of Regents Rules and Regulations and UTRGV Academic Integrity Guidelines). All scholastic dishonesty incidents will be reported to the Dean of Students.

**SEXUAL HARASSMENT, DISCRIMINATION, and VIOLENCE:**
In accordance with UT System regulations, your instructor is a “responsible employee” for reporting purposes under Title IX regulations and so must report any instance, occurring during a student’s time in college, of sexual assault, stalking, dating violence, domestic violence, or sexual harassment about which she/he becomes aware during this course through writing, discussion, or personal disclosure. More information can be found at [www.utrgv.edu/equity](http://www.utrgv.edu/equity), including confidential resources available on campus. The faculty and staff of UTRGV actively strive to provide a learning, working, and living environment that promotes personal integrity, civility, and mutual respect in an environment free from sexual misconduct and discrimination.

**COURSE DROPS:**
According to UTRGV policy, students may drop a class (DR grade) or withdraw (grade of W) until the official drop date of **November 14**. Following that date, students must be assigned a letter grade and can no longer drop the class.

**Class Set-up**
Class sessions will alternate between the following two formats:
1. The instructor will facilitate the didactic group - this group will follow a lecture/discussion format focused on various aspects of group functioning.
2. Students may be randomly called upon to "lead the group" in an exercise, practice and participate in exercises and activities and share relevant opinions/experiences.
   a. Therefore, having read about and practiced certain group leading techniques prior to class is essential.

**Course Requirements**
I. Three (3) online exams: 300 points (100 points each)
Exams provide multiple choice and true/false questions to assess students’ mastery of content.
II. Three (3) online quizzes: 15 points (5 points each)
Quizzes provide multiple choice and true/false questions to enhance students’ understanding of the material. Quizzes serve as precursors for the exam.

*Exams and Quizzes: Open Thursday at 8:00am. Close Saturday at 10:00pm, unless re-scheduled.*

Exam and Quiz-related Special Policies
- Exams and quizzes may not be taken in advance.
- Missed exam or quiz will receive a grade of zero (0) points.
- Exams and quizzes will be based on lectures and assigned readings.
- Students may refer to the textbook and any other course materials during the exam and quiz.
- Students may not collaborate via text messaging, cell phone, IM, in person, or by any other means during the exam and quiz.
- *If one or more class sessions are missed leading to a scheduled exam and quiz, the student will not be permitted two (2) attempts to take the exam and quiz. Rather, the student will have one (1) attempt to take the exam and quiz.*

III. Community Group Observation and Reaction Paper: (10 Points)
1. Students are required to attend one “Open” 12-step meeting.
2. Students are required to write a reaction paper of the experience.

See Blackboard “Course Materials” tab for Community Group Observation and Reaction Paper Guidelines
See Blackboard “Course Materials” for Community Group Observation Reaction Paper Interactive Form
- Due: Thursday, September 27, 2018 @ 10:00pm

IV. Student Led Group Sessions: 50 points
1. Students will partner with each other and co-lead stress management group session(s).
2. Students will complete self-evaluation forms of their group session.

Attendance to all student led group sessions is mandatory. Students will be allowed one (1) absence. Thereafter, five (5) points will be deducted from your final grade for each additional absence.

See Blackboard “Course Materials” for Student Led Group Sessions Guidelines
See Blackboard “Course Materials” for Self-evaluation Group Leadership Skills Forms A and B
- Forms due: Friday @ 10:00pm following student led group session

V. Direct Experience as Group Member: (8 sessions: 5 points each session) (40 Points)
Students are required have direct experience in which they participate as group members in small group activities for a minimum of 10 clock hours over the course of the academic term.

See Blackboard “Course Materials” for Group Members Guidelines

VI. Yalom Videos
Students are required to watch “Understanding Group Psychotherapy, Outpatients Volume 1 and 2” of Dr. Irv Yalom conducting an outpatient group. Both videos may be accessed on-line through UTRGV’s library via the following links:

*Understanding Group Psychotherapy, Outpatients, Volume 1, Yalom (54 min)*
https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C1778702?utm_source=aspresolver&utm_medium=MARC&utm_campaign=AlexanderStreet

*Understanding Group Psychotherapy, Outpatients, Volume 2, Yalom (54 min)*
https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C1778703?utm_source=aspresolver&utm_medium=MARC&utm_campaign=AlexanderStreet
**Grading Scale**
The total number of possible points for this course is **415**.
- A = 415 - 374
- B = 373 - 332
- C = 331 - 291
- F = 290

**Extra Credit**
Extra credit is not offered nor accepted in this course.

**Late Assignments**
Late assignments will not be accepted without prior consent of the instructor. If prior approval is obtained from the instructor, a 5 point penalty per day will be assessed to the grade of that assignment. If the assignment is not submitted on the agreed upon date, the student will receive a grade of zero (0) points for that assignment.
# Course Outline

This schedule is tentative. Additional assignments and schedule changes may be announced in class.

<table>
<thead>
<tr>
<th>WK</th>
<th>Starts</th>
<th>Topic and CACREP Standard(s)</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>Aug. 30</td>
<td>Orientation to Class&lt;br&gt;Introduction to Group Work&lt;br&gt;The Group Counselor&lt;br&gt;CACREP 2.F.6.a.; CACREP 2.F.6.b.; CACREP 2.F.6.d.; CACREP 2.F.6.g.</td>
<td>Syllabus&lt;br&gt;Chapters 1, 2&lt;br&gt;PowerPoints</td>
</tr>
<tr>
<td></td>
<td>Sep. 20-22</td>
<td>Exam 1 and Quiz 1&lt;br&gt;Opens: Thursday 8:00am. Closes: Saturday 10:00pm.</td>
<td>Chapters 1, 2, 3, and 4 PowerPoints</td>
</tr>
<tr>
<td>05</td>
<td>Sep. 27</td>
<td>Final Stage of a Group&lt;br&gt;Groups in School Settings&lt;br&gt;Groups in Community Settings&lt;br&gt;CACREP 2.F.6.d.; CACREP 2.F.6.e; CACREP 2.F.6.f.</td>
<td>Chapters 9, 10, &amp; 11 Power Points&lt;br&gt;Due: Community Group Observation Reaction Paper @ 10pm.</td>
</tr>
<tr>
<td>06</td>
<td>Sep. 27</td>
<td>Group Session 1&lt;br&gt;Topic: Rapport and Trust Building&lt;br&gt;CACREP 2.F.6.h.</td>
<td>Group Supervision Student Led Group</td>
</tr>
<tr>
<td>07</td>
<td>Oct. 11–13</td>
<td>Exam 2 and Quiz 2&lt;br&gt;Opens: Thursday 8:00am. Closes: Saturday 10:00pm.</td>
<td>Chapters 5, 6, 7, &amp; 8 PowerPoints</td>
</tr>
<tr>
<td>08</td>
<td>Oct. 18</td>
<td>Group Session 3&lt;br&gt;Topic: Self-care&lt;br&gt;CACREP 2.F.6.h.</td>
<td>Group Supervision Student Led Group</td>
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<tr>
<td>09</td>
<td>Oct. 25</td>
<td>Group Session 4&lt;br&gt;Topic: Communications Skills (Personal/Family)&lt;br&gt;CACREP 2.F.6.h.</td>
<td>Group Supervision Student Led Group</td>
</tr>
<tr>
<td>10</td>
<td>Nov. 1</td>
<td>Group Session 5&lt;br&gt;Topic: Communications Skills (Workplace)&lt;br&gt;CACREP 2.F.6.h.</td>
<td>Group Supervision Student Led Group</td>
</tr>
<tr>
<td>11</td>
<td>Nov. 8</td>
<td>Group Session 6&lt;br&gt;Topic: Coping Skills – Approaches and Applications&lt;br&gt;CACREP 2.F.6.h.</td>
<td>Group Supervision Student Led Group</td>
</tr>
<tr>
<td></td>
<td>Nov. 8–10</td>
<td>Exam 3 and Quiz 3&lt;br&gt;Opens: Thursday 8:00am. Closes: Saturday 10:00pm.</td>
<td>Chapters 9, 10, &amp; 11 PowerPoints</td>
</tr>
<tr>
<td>12</td>
<td>Nov. 15</td>
<td>Group Session 7&lt;br&gt;Topic: Anger Management&lt;br&gt;CACREP 2.F.6.h.</td>
<td>Group Supervision Student Led Group</td>
</tr>
<tr>
<td>13</td>
<td>Nov. 22-24</td>
<td>Thanksgiving Holiday</td>
<td>No Class</td>
</tr>
<tr>
<td>14</td>
<td>Nov. 29</td>
<td>Group Session 8&lt;br&gt;Topic: Community Involvement and Final Wrap-up&lt;br&gt;CACREP 2.F.6.h.</td>
<td>Group Supervision Student Led Group</td>
</tr>
</tbody>
</table>